



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**Program/Participant
Registration / Information**

PARTICIPANTS Name: _____ **Gender:** Male or Female **Grade:** ____
Address: _____ **Age:** _____ **Birthdate:** __ / __ / __
City: _____ **State:** _____ **Zip Code:** _____ **Home Phone:** _____ **Cell:** _____
Email Address: _____

If Participant is a child:
Parent's Name: _____
Emergency Contact: _____
Relationship to Child: _____
Emergency Phone: _____
(In case of emergency we will always try to contact the parents first.)

Is participant an Annual Member? Yes No **ID #** _____
T-Shirt Size: Small Medium Large X-Large
(Youth Programs receive youth sized t-shirts)

Medical Concerns / Conditions:

Medications / Allergies:

Date of last tetnus shot: _____
Doctors Name: _____
Address & Phone: _____
Insurance Company: _____
Policy No.: _____

Is participant an Annual Member? Yes No **ID #** _____
T-Shirt Size: Small Medium Large X-Large
(Youth Programs receive youth sized t-shirts)

Registering for: **Week Pass** **Day Pass** **Shower Pass**

This area for office use only:

Registering for: _____
Registering for: _____
Registering for: _____
Registering for: _____
Registering for: _____
Registering for: _____



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In consideration for being permitted to utilize the facilities, services, and programs of the Waldo County YMCA (hereinafter referred to as "YMCA") for any purpose, including but not limited to observation or use of facilities or equipment, or participation in any program affiliated with the YMCA, without respect to location, the undersigned, for himself or herself and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated programs have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE, INCLUDING BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY PROGRAM AFFILIATED WITH THE YMCA, WITHOUT RESPECT TO LOCATION, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releasees") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersign, whether caused by negligence of the releasees or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA, without respect to location.

THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA.

THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE while in, about, or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the forgoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of Maine and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

√ I hereby authorize the employees of the YMCA to call emergency medical assistance and/or perform basic first-aid procedures that are necessary in the judgment of the YMCA. I hereby authorize qualified medical personnel to administer necessary anesthesia and medical treatment in the event of an accident. I understand that I am encouraged to discontinue any activity at any time I feel unable to continue.

√ I hereby authorize the YMCA to use photos and/or videos in promotional activities.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I Have Read This Release

PLEASE PRINT

Date: _____

Signature of Applicant: _____

Parent/Guardian Signature Necessary if participant is under age 18

Print Name: _____

WALDO COUNTY YMCA

157 Lincolville Avenue · Belfast, Maine 04915
207.338.4598 WWW.WALDOCOUNTYYMCA.ORG
The Waldo County YMCA is a 501(c)(3) Charitable Organization

programs@waldocountyyymca.org



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The YMCA of the USA has instituted the following Core Values:

Caring, Honesty, Respect and Responsibility.

It is the intention of the Waldo County YMCA to integrate these core values into our programs and activities. To achieve this, the following is unacceptable:

- Disrespect of others, the facility or equipment
- Destruction of the building or equipment
- Swearing or inappropriate language
- Derogatory remarks or actions about race, creed, gender or appearance
- Fighting
- Clothing that portrays graphic violence/language
- Clothing/headgear found to be offensive
- Behaviors/clothing deemed to be inappropriate
- Food and drink, with the exception of water (vending products allowed only in designated areas)

Member/Program Participant Behavior Policy

The Waldo County YMCA is a drug-free facility, and we require that all members, employees and program participants refrain from using/bringing drugs or alcohol when at the YMCA. We reserve the right to refuse admission to, or remove from a program or activity, anyone suspected of being under the influence of drugs or alcohol.

- The Waldo County YMCA is a non-smoking facility. NO smoking is permitted on YMCA property.
- Appropriate Dress: Please dress appropriately for our family friendly facility.
- Membership Ownership: The Waldo County YMCA encourages a feeling of ownership on the part of its members. Should you notice inappropriate behavior please report it to the YMCA Staff.

Rules for Children Using the Fitness/Wellness Rooms

Everyone who is upstairs...

- **Must** be a Waldo County YMCA member or a program participant in a specific program in the Wellness Room.

Anyone Under the age of 12...

- Is not allowed in the Fitness Room
- Is allowed in the Wellness Room only for a specific program with **direct supervision** from the instructor
- Is allowed on the Walk Track **only under the direct supervision** of a parent who is walking with him or her

Anyone Ages 12 - 14... (after successful completion of mandatory orientation)

- Is allowed in the Fitness Room if a Fitness Instructor is present or if they are under the **direct supervision** of a parent
- Is allowed in the Wellness Room only for a specific program with an instructor present
- Is allowed on the Walk Track if there is a Fitness Instructor in the Fitness Area or with **direct supervision** from a parent

POOL RULES

- Listen to and obey all Lifeguards on duty
- Please remove street shoes before entering pool area
- Please shower **before** entering the pool
- NO running or horseplay
- NO food, drinks, glass or gum allowed in the Natatorium
- Children ages 6 and under must be kept within arm's reach of an adult at all times
- Children ages 7 to 10 must have an adult present in the Natatorium at all times
- Children ages 10 to 12 must have an adult present in the building at all times
- Babies and children who are not fully toilet trained must wear a swim diaper
- Inflatable floatation devices are not permitted
- Children may wear PFD's in the shallow end and must be accompanied by an adult
- Person using the Spa must be at least 16 years of age
- A swim test is required for deep-water swimming
- Forward facing jumping is permitted only in 7 feet or more of water
- Forward facing diving is permitted on in 9 feet of water

Hourly Rental Rates

Community Room - half \$25	Community Room - full \$50
Gymnasium - half \$40	Gymnasium - full \$65
Lap Pool* - 3 lanes \$75	Therapy Pool*—\$75

*up to 25 swimmers

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