

THERAPY POOL SCHEDULE

Winter, 2010

January 3rd - February 27th (Winter - Session I - Lessons and Bluefish)*

January 3rd - March 27th (Aqua Fitness)



Waldo County YMCA
We build strong kids, strong families, strong communities.

www.waldocountymca.org

(207) 338-4598

email: aquatics@waldocountymca.org

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00 - 5:30 AM	YMCA Closed	Pool Closed					YMCA Closed		
5:30 - 6:00 AM		Pool Closed							
6:00 - 6:30 AM		Pool Closed							
6:30 - 7:00 AM		Pool Closed							
7:00 - 7:30 AM		ADULTS ONLY Therapeutic Open 7:00 - 8:30	ADULTS ONLY Therapeutic Open 7:00 - 8:30	ADULTS ONLY Therapeutic Open 7:00 - 8:30	ADULTS ONLY Therapeutic Open 7:00 - 8:30	ADULTS ONLY Therapeutic Open 7:00 - 8:30		ADULTS ONLY Therapeutic Open 7:00 - 8:30	Pool Closed
7:30 - 8:00 AM		Aquacizing 8:30 - 9:30	Aquacizing 8:30 - 9:30	Aquacizing 8:30 - 9:30	Aquacizing 8:30 - 9:30	Aquacizing 8:30 - 9:30		Aquacizing 8:30 - 9:30	Adult Beg
8:00 - 8:30 AM		Parent/Child - Level 1	Closed for Pool Rental 9:30 - 1:00	YMCA Pre-school Lessons	Family Open 10:30 - Noon	Closed for Pool Rental 9:30 - 1:00		Family Open 10:30 - Noon (Closed for pool rental on 1/15 and 2/12)	Parent/Child - Level 1
8:30 - 9:00 AM		Parent/Child - Level 2							Parent/Child - Level 1
9:00 - 9:30 AM		Family Open 10:30 - Noon							Parent/Child - Levels 2/3
9:30 - 10:00 AM		Family Open 10:30 - Noon							Pre-school - Level 1
10:00 - 10:30 AM		Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon		Family Open 10:30 - Noon	Pre-school - Level 1
10:30 - 11:00 AM		Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon		Family Open 10:30 - Noon	Pre-school - Levels 2/3
11:00 - 11:30 AM	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Swim Level 1 10:30 - 11:15		
11:30 AM - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Family Open 10:30 - Noon	Swim Level 2 11:15 - 12:00		
Noon 12:30 PM	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		
12:30 - 1:00 PM	Rental Available 12:30 - 1:30	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	Family Open 12:30 - 2:30		
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3:30 - 4:00 PM	Rental Available 3:30 - 4:30	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	ADULTS ONLY Therapeutic Open 1:00 - 2:00	Family Open 12:30 - 2:30		
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FEES: Lap & Open Swim

Free - Annual & 3-Month Members
 Daypass - Non-members
 \$5/youth
 \$10/adult
 \$20/family maximum

AGE REQUIREMENTS - Open Swim Times:

- Children under 6 must be accompanied in the pool by an adult who remains within reach.
- Children 6 to 10 must have an adult present in the natatorium.
- Children 10 to 12 must have an adult present in the building.

* No swim classes on Saturday, January 23rd due to Bluefish Swim Meet

Schedule is subject to change
 Revised 12/22/09