



# WALDO COUNTY YMCA Therapy Pool Schedule

The YMCA Will be  
**Closed Sunday and Monday May 28 & 29, 2017**  
In Honor of Memorial Day.

## Sunday April 30- Saturday June 3

Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday	
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	5:00 - 5:30 AM	YMCA Closed		
					5:30 - 6:00 AM			
					6:00 - 6:30 AM			
					6:30 - 7:00 AM			
					7:00 - 7:30 AM			
Therapeutic Open 7:00 - 8:30am Adults Only	Therapeutic Open 7:00 - 8:30 ADULTS ONLY	Therapeutic Open 7:00 - 8:30 ADULTS ONLY	Therapeutic Open 7:00 - 8:30 ADULTS ONLY	Therapeutic Open 7:00 - 8:30 ADULTS ONLY	7:30 - 8:00 AM	Pool Closed		
Aquasizing 8:30-9:30	Aqua Cardio 8:30-9:30	Aqua Cardio 8:30-9:30	Aqua Yoga 8:30-9:30	Aquasizing 8:30-9:30	8:00 - 8:30 AM	PS1 Pike 8:00-8:30		
Pool Closed	Pool Closed WCGH Therapy Appointments 9:30 - 1:00	1st Grade Swim Safety Program	Pool Closed WCGH Therapy Appointments 9:30 - 1:00	1st Grade Swim Safety Program	9:30 - 10:00 AM	L1 Pollywog 9:00-9:45		
		RSU 3,71,20 Lifeskills Swim Program		RSU 3,71,20 Lifeskills Swim Program	10:00 - 10:30 AM	L2 Guppy 10:00-10:45		
		Family Swim (max 25) 11:30-12:30		Family Swim (max 25) 11:30-12:30	11:00 - 11:30 AM	PS2 Ray 11:00-11:30		
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Noon 12:30 PM	PS3 Starfish 11:30-12:00	YMCA Closed	
Therapeutic Open ADULTS ONLY 1-2pm		Therapeutic Open ADULTS ONLY 1-2pm		Therapeutic Open ADULTS ONLY 1-2pm	Therapeutic Open ADULTS ONLY 1-2pm	12:30 - 1:00 PM		PS2 Ray 12:00-13:30
YMCA Preschool		Cornerspring 2:00-2:50		YMCA Preschool	YMCA Preschool	1:00 - 1:30 PM		Family Swim (max 25) 12:30-2:00
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Autism Family Swim 2:00-3:00	2:00 - 2:30 PM	Family Swim Time changes on Saturday May 13!	Rental Available 12:30-1:30	
	Autism Family Swim 4:00-5:00			Arthritis ♡ 4:45-5:30	Arthritis ♡ 4:45-5:30		3:00 - 3:30 PM	Rental Available 1:30-2:30
	Pool Closed			Pool Closed	Arthritis ♡ 4:45-5:30		3:30 - 4:00 PM	Rental Available 2:30-3:30
Therapeutic Open ADULTS ONLY 5:15-6:00	Therapeutic Open ADULTS ONLY 5:15-6:00	Therapeutic Open ADULTS ONLY 5:15-6:00	Therapeutic Open ADULTS ONLY 5:15-6:00	Family Swim (max 25) 3:30-4:30	4:00 - 4:30 PM		Rental Available 3:30-4:30	
Family Swim (max 25) 6:00-7:30	Family Swim (max 25) 6:00-7:30	Autism Family Swims 6:30-7:30	Family Swim (max 25) 6:00-7:30	Arthritis ♡ 4:45-5:30	4:30 - 5:00 PM		Pool Closed	Pool Closed
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	5:00 - 5:30 PM	Pool Closed	<b>Natorium Summer Hours</b> <i>June 4 - August 26, 2017</i> Monday-Thursday 5:30am- 7:30pm Fridays: 5:30am-5:30pm Saturdays 8:00am-2:00pm	
					5:30 - 6:00 PM	Therapeutic 5:15-6:00		
					6:00 - 6:30 PM	Family Swim (max 25) 6:00-7:30		
					6:30 - 7:00 PM	Family Swim (max 25) 6:00-7:30		
					7:00 - 7:30 PM	Family Swim (max 25) 6:00-7:30		
7:30 - 8:00 PM	Family Swim (max 25) 6:00-7:30	Family Swim (max 25) 6:00-7:30	Family Swim (max 25) 6:00-7:30	Pool Closed	8:00 - 8:30 PM	YMCA Closed		
8:00 - 8:30 PM	Family Swim (max 25) 6:00-7:30	Family Swim (max 25) 6:00-7:30	Family Swim (max 25) 6:00-7:30	Pool Closed	8:30 - 9:00 PM	YMCA Closed		

**Pool schedules are subject to change at the discretion of the Aquatics Department.**

**AGE REQUIREMENTS - Open Swim Times:**

- Children 6 and under must remain within arms reach of an adult in the Natatorium.
- Children 7 to 10 must have an adult present in the natatorium.
- Children 11 and 12 must have an adult present in the building.

Anyone under 14 is required to take a swim test and wear a green bracelet in order to swim in the deep-end.

<span style="display: inline-block; width: 15px; height: 15px; background-color: yellow; border: 1px solid black;"></span> Family Swim	<span style="display: inline-block; width: 15px; height: 15px; background-color: #add8e6; border: 1px solid black;"></span> Adult Therapy
<span style="display: inline-block; width: 15px; height: 15px; background-color: #90ee90; border: 1px solid black;"></span> Aqua Fitness	<span style="display: inline-block; width: 15px; height: 15px; background-color: #4682b4; border: 1px solid black;"></span> Bluefish
<span style="display: inline-block; width: 15px; height: 15px; background-color: #c8e6c9; border: 1px solid black;"></span> Swim Lessons	<span style="display: inline-block; width: 15px; height: 15px; background-color: #9370db; border: 1px solid black;"></span> Youth Development
<span style="display: inline-block; width: 15px; height: 15px; background-color: #fff9c4; border: 1px solid black;"></span> Lap Swim	<span style="display: inline-block; width: 15px; height: 15px; background-color: #e91e63; border: 1px solid black;"></span> Rental