



WALDO COUNTY YMCA Therapy Pool Schedule

Monday, March 2 - Sunday, April 5, 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday	Sunday			
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	5:00 - 5:30 AM	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Winter II Swim Session runs 2/12 - 4/11 </div>	YMCA Closed			
					5:30 - 6:00 AM					
					6:00 - 6:30 AM					
					6:30 - 7:00 AM					
7:00 - 7:30 AM	Pool Closed									
Therapeutic Open ADULTS ONLY 7:00 - 9:00	Therapeutic Open 7:00 - 8:00	Therapeutic Open 7:00 - 8:00	Therapeutic Open 7:00 - 8:00	Therapeutic Open ADULTS ONLY 7:00 - 9:00	7:30 - 8:00 AM			Water Discovery		
Pool Closed	Aqua Movement 8:00-9:00	Zumba 8:00-9:00	Aqua Movement 8:00-9:00	Pool Closed	8:00 - 8:30 AM			PS Water Acclimation		
	Pool Closed	Pool Closed	Pool Closed		Pool Closed			8:30 - 9:00 AM	SA Water Acclimation	
Preschool Swim	Pool Closed WCGH Therapy Appointments 9:30 - 1:00	Preschool Swim	Pool Closed WCGH Therapy Appointments 9:30 - 1:00	YMCA Preschool Lessons	9:00 - 9:30 AM			PS Water Acclimation		
First Grade Swim Safety 10:00-11:00		First Grade Swim Safety 10:00-11:00			Pool Closed			9:30 - 10:00 AM	PS Water Movement	
First Grade Swim Safety 11:00-12:00		Lifeskills Swim 11:00-12:00				10:00 - 10:30 AM	Pool Closed			
Family Swim (max 25) 12:00-1:00		Family Swim (max 25) 12:00-1:00			Family Swim (max 25) 12:00-1:00	10:30 - 11:00 AM	Water Exploration			
Adult Therapy 1:00 - 2:00		Adult Therapy 1:00 - 2:00				11:00 - 11:30 AM	SA Water Movement			
Pool Closed	Pool Closed	WCGH Therapy 2:00 - 3:00	Pool Closed	Lifeskills Swim 1:00-2:00	11:30 AM - Noon	Family Swim (Max 25) 12:30-2:00				
		Water Discovery			12:00 - 12:30 PM		Pool Closed			
		PS Water Movement			12:30 - 1:00 PM	2:00 - 2:30 PM	Rental 2:30-3:30			
		PS Water Stamina			1:00 - 1:30 PM	1:30 - 2:00 PM	Pool Closed			
		Aqua Movement 4:45-5:30			Montessori 2:00 - 3:00	2:30 - 3:00 PM	Rental 3:30-4:30			
		Therapeutic Open 5:30-6:30			Therapeutic Open 5:30-6:30	Therapeutic Open 5:30-6:30	Family Swim (max 25) 6:00-7:00	Pool Closed	3:00 - 3:30 PM	Rental 3:30-4:30
									Family Swim (max 25) 6:00-7:00	3:30 - 4:00 PM
		Family Swim (max 25) 4:30-6:00			Family Swim (max 25) 6:00-7:00	Therapeutic Open 5:30-6:30	Pool Closed	Pool Closed	4:00 - 4:30 PM	Pool Closed
		Pool Closed							4:30 - 5:00 PM	Pool Closed
		Zumba 6:30 - 7:30							5:00 - 5:30 PM	YMCA Closed
Pool Closed	5:30 - 6:00 PM	YMCA Closed								
Pool Closed	Pool Closed	Pool Closed	Pool Closed	YMCA Closed	6:00 - 6:30 PM	<div style="text-align: center;"> Pool Hours Monday-Thursday 5:30am- 7:30pm Friday: 5:30am-5:30pm Saturday: 8:00am-4:30pm </div>				
					6:30 - 7:00 PM					
					7:00 - 7:30 PM					
					7:30 - 8:00 PM					
					8:00 - 8:30 PM					
8:30 - 9:00 PM										

Pool schedules are subject to change at the discretion of the Aquatics Department.

AGE REQUIREMENTS - Open Swim Times:

- Children 6 and under must remain within arms reach of an adult in the Natatorium.
- Children 7 to 10 must have an adult present in the natatorium.
- Children 11 and 12 must have an adult present in the building.

Anyone under 14 is required to take a swim test and wear a green bracelet in order to swim in the deep-end.

<ul style="list-style-type: none"> Family Swim Adult Therapy Youth Development Swim Lessons 	<ul style="list-style-type: none"> Swim Team Aqua Fitness Rental Lap Swim
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