



# Tom & Sally Savage Pool Complex WALDO COUNTY YMCA

## Frequently Asked Questions

### Pool Complex SUMMER Hours:

**Monday-Thursday:** 5:30am-7:30pm (YMCA: 5:00am-9:00pm)

**Friday:** 5:30am- 5:30pm (YMCA: 5:00am-6:00pm)

**Saturday:** 8:00am- 4:30pm (YMCA: 7:30am-5:00pm)

**Sunday:** 12:30pm-4:30pm (YMCA: 12:00pm-5:00pm)

The hours of our pool complex differ from our YMCA facility hours.

### **Pool Temperatures**

**Lap Pool: 81 degrees**  
**Therapy Pool: 89 degrees**  
**Spa: 103 degrees**

The Waldo County YMCA  
is a 501(c)(3)  
Charitable Organization

### Lifeguards

American Red Cross trained & certified.

### Swim Instructors

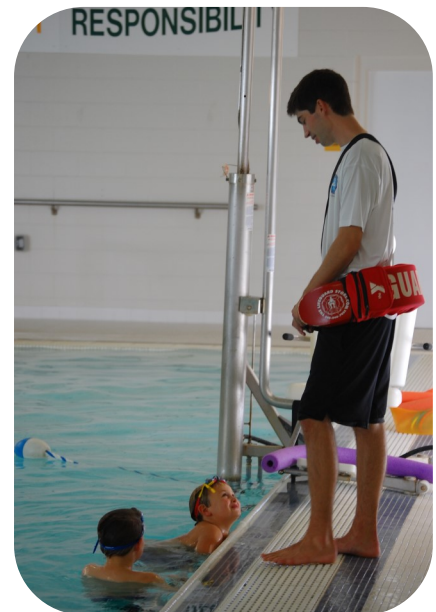
YMCA Swim Lesson Instructors.

### Aqua Fitness Programs

Dynamic fitness backgrounds, yoga instructor, as well as a pair of workout CDs.

### Certified Pool Operators

Oversee the pool chemistry, operation, and maintenance of our three pools.



### Pricing and Fees:

Lap swimming, open family swims, open adult therapy, and use of the hydrotherapy pool are **FREE to annual members and three-month members.**

Non-members pay for a day, week or month pass for the use of facility.

### **Day Pass for Non-members:**

**\$5 for youth, \$10 for Adults, \$20 max for families.**

\*A day pass allows pass holders to use our entire facility including our pools, walk track, fitness equipment, gym, and locker rooms.



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### Lap Pool

25 yards in length  
6 Lanes  
4 to 9 feet deep  
4 Pool ladders and an A.D.A  
compliant EZ Ladder for easy  
accessibility.



### Therapy Pool

23 by 50 feet  
2 to 7.5 feet deep  
Stairs from 0 to 2 foot and  
4 to 7.5 foot depths.  
A.D.A. accessible with rails, lift,  
and steps at the shallow end.

### Spa

3.5 feet deep with bench seat  
surrounding edges along jets.  
Accessible via side and from  
stairs at deck level into 3.5  
feet.

10-person maximum  
*\*Members and guests  
enjoying our Spa should not  
exceed 10 - 15 minutes and  
we ask that each person use  
their best judgement  
when using.*

### Ages for Facility Usage and Programs

- ◆ **Children 6 and under** need to remain within an arms reach of a responsible adult while swimming and in the Natatorium.
- ◆ **Children between the ages of 7 to 10** must have an adult present in the natatorium.
- ◆ **Children between the ages of 11 and 12** must have an adult present in the building.

Upon completion of our deep water test, swimmers may enter the deep end of our Therapy Pool or our Lap Pool on their own.

**Patrons must be 16, or older to use the Spa.**

### Pool Rules

Please check our signage in the Natatorium for up-to-date rules, or follow the link to our Natatorium Guidelines page.

Please ask the Lifeguards on duty if you have any questions about our rules and guidelines.

**More questions about Aquatics?  
Or have a comment or feedback?**

E-mail our Aquatics Director at [ethostenson@waldocountyymca.org](mailto:ethostenson@waldocountyymca.org).



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### Deep Water Test

When space and a lifeguard is available, swimmers 14 and younger will take a deep water test annually to swim in the deep end of both our lap and therapy pools. Each year on June 1, we begin our annual re-testing. Swimmers wishing to take the test must successfully demonstrate:

- ◆ Swim 25 yards of recognizable front crawl while maintaining a horizontal body position with arms coming out of the water
- ◆ Tread water for 30 seconds. Keeping head above water.
- ◆ Jump into deep-end and return to the surface.

### Filtration & Cleaning

◆ The Lap and Therapy pools are filtered with state-of-the-art **Defender filters**.

◆ We utilize **erosion chlorine feeders** that continuously maintains a safe level of chlorine in all three pools.

◆ We have two state-of-the-art **UV systems** for our Lap and Therapy Pools. Utilizing ultraviolet light, these systems allow us to use less chlorine and help eliminate chlorine by-products.

◆ Both pools are manually vacuumed weekly and the pool chemistry is checked multiple times daily.

◆ Our SPA is drained, scrubbed, and refilled with fresh water weekly.



### Where can I find information about Aquatic Programs offered at the Y?

- [www.waldocountymca.org](http://www.waldocountymca.org)
- "Like" Waldo County YMCA on Facebook for instant updates!
- Browse our Digital & Print Program Guide found online or in our lobby.
- Stop by our Aquatics Bulletin Board located in our main hallway.
- Ask us at the Y! We'd be happy to give you a tour, showcase our schedules or answer any questions.